



## BLACK COHOSH

**Botanical Name:** *Cimicifuga racemosa*

**Common Name:** Black snakeroot, bugbane, bugwort, rattleroot, rattletop, rattleweed, macrotys

**Medicinal part:** Root, rhizome

**Description:** Black Cohosh is a woodland perennial with deeply toothed compound leaves and racemes of pungent cream flowers in the summer. The large, creeping, knotting rootstock, scarred with the remains of old growth, produces a stem up to 9 feet high. The leaves are ternate; the leaflets are ovate or oblong and are irregularly toothed and cut. Small, white, fetid flowers grow in long racemes from May to August.



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